

Thursday

12:00 PM I2 and I2 AFG **C**

Christ the King Lutheran Church
9800 W Huguenot Rd.
Richmond, VA 23235
Step & Tradition Study

7:00 PM Bound to Improve AFG **O**

Tuckahoe Presbyterian Church
7000 Park Ave, Richmond, VA 23226
Literature

7:00 PM Thursday Nite Men's AFG **C**

St Matthews Episcopal Church
1101 Forest Ave,
Richmond, VA 23229
90 mins

7:00PM Awaken to Hope AFG **O**

St. John Neumann Catholic Church
2480 Batterson Rd
Powhatan VA 23139

7:30 PM Stepping Stones AFG **O**

First Presbyterian Church
4602 Cary Street Rd
Richmond, VA 23226

7:30 PM Courage To Be AFG **C**

—**LOCATION CHANGE**—
Central Baptist Church
1500 Courthouse Rd
North Chesterfield, VA 23236

7:30 PM A New Beginning AFG **C**

19622 Tidewater Trail
Tappahannock VA 22560

7:30 PM Free To Be Me AFG **Alateen C**

19622 Tidewater Trail
Tappahannock VA 22560

Friday

11:00 AM Al-Anon Spoken Here AFG **O**

Lewis Ginter Recreation Center
3421 Hawthorne Ave.
Richmond, VA 23222

5:30 PM

Al-Anon Adult Children of Alcoholics AFG **O**
ACOA
Grace & Holy Trinity Church
8 N Laurel St.
Richmond, VA 23220

8:00 PM Easy Does It Lakeside AFG **C**

Lakeside Presbyterian Church
7343 Hermitage Rd.
Richmond, VA 23228

Saturday

9:00 AM Ashland AFG **++ O**

Ashland First Baptist Church
800 Thompson St.
Ashland, VA 23005
Upstairs Room 227 (**Babysitting Available**)

9:00 AM Help and Hope AFG **O**

St. Lukes Lutheran Church
7757 Chippenham Pkwy.
Richmond, VA 23225

9:00 AM Saturday Serenity AFG

Christ Church Episcopal
5000 Pouncey Tract Rd.
Glen Allen, VA 23059
Second floor education building.

8:00 PM Northside Fellowship AFG **O**

Lakeside Baptist Church
7401 Woodman Rd.
Richmond, VA 23228

Al-Anon Declaration

Let it begin with me

When anyone, anywhere,
reaches out for help.
Let the hand of Al-Anon and Alateen
always be there and let it begin with me.



Richmond Area Al-Anon

Meeting List

Updated Winter 2020

Richmond Al-Anon website

www.alanonrichmond.org

Virginia Al-Anon website

www.vaalanon.org

District 20 Richmond North
District 29 James River South

++-Concurrent AA meeting.

O -Open Meeting-Observers welcome, i.e. students,
counselors and professionals.

C -Closed Meeting.

AFG=Al-Anon Family Group

Al-Anon is...

- A **FELLOWSHIP** of relatives and friends of alcoholics who believe their lives have been affected by someone else's drinking.
- A **MUTUAL SUPPORT** program based on the Twelve Steps of Alcoholics Anonymous (AA).
- A **NONPROFESSIONAL** fellowship where members share their experience, strength, and hope to solve their common problems.
- A **SPIRITUAL** program that is compatible with all religious beliefs or none.
- A program with the **SINGLE PURPOSE** of helping families and friends of alcoholics, whether the alcoholic is still drinking or not.
- A **WORLDWIDE** fellowship with more than 26,000 groups, in over 115 countries, that has been in existence since 1951.
- **COMPATIBLE** with professional treatment. Statistics show 63% of its members received treatment/counseling after attending Al-Anon.
- **FREE OF CHARGE** and self-supporting through members' voluntary contributions. There are no dues or fees for membership.

Sunday

5:30PM Sunday Solutions AFG **O**
 St. Stephens Church
 6000 Grove Ave Rm. 14 Second Floor
 Richmond VA 23226

7:30PM Sunday Night Optomists AFG **++ O**
 St. Matthias Episcopal Church
 11300 Huguenot Rd.
 Midlothian VA 23113

8:00PM Step Into The Journey AFG **O**
 Woodlake United Methodist Church Rm. 105
 15640 Hampton Park Dr.
 Chesterfield VA 23832

Monday

12:00 PM Women's Fourth Step AFG **C**
 Unity of Bon Air Church
 923 Buford Rd.
 North Chesterfield, VA 23235

5:30 PM The Light of Serenity **O**
 St Stephens Episcopal Church
 6000 Grove Ave.
 Richmond, VA 23226

5:30 PM Voices Of Hope AFG **C**
 Lyndale Baptist Church
 8320 Hull Street Rd.
 North Chesterfield, VA 23235

6:00 PM Ashland AFG **O**
 Ashland First Baptist Church
 800 Thompson St.
 Ashland, VA 23005
 Upstairs Room 227

7:00PM Came To Believe AFG **O**
 St. Luke's Lutheran Church
 7757 Chippenham Pkwy.
 Richmond, VA 23225

7:00PM Monday Strength & Hope AFG **O**
 Skipwith Methodist Church
 2211 Skipwith Rd,
 Richmond, VA 23294,
 Meets in John Wesley room

8:00 PM Life Is Good on Mondays AFG **C**
 Sharon Baptist Church -
 901 Sharon Road
 King William, VA 23086

Tuesday

10:30 AM Early Tuesday AFG
 Unity of Bon Air Church
 923 Buford Rd,
 Richmond, VA 23235

11:00-11:30 AM Beginner Meeting O
 How AlAnon Works
 Trinity Lutheran Church
 2315 N. Parham Road
 Richmond, VA 23229

12:00 PM How Al-Anon Works AFG **C**
 Trinity Lutheran Church
 2315 N. Parham Road
 Richmond, VA 23229
 This is literaure study.

12:30 PM City Serenity AFG **C**
 St Paul's Episcopal Church
 815 E Grace St.
 Richmond, VA 23219
 Enter from Parish House off Grace St.
 First floor room 110 past the parish offices.

7:30 PM Tuesday Night Adult Child AFG **O**
 St Stephens Episcopal Church
 6000 Grove Ave.
 Richmond, VA 23226
 Speaker/discussion meeting.
 Enter on Three Chopt, in basement.

7:30 PM 12 Steps to Recovery AFG **O**
 Cool Springs Baptist Church
 9283 Atlee Station Rd.
 Mechanicsville, VA 23116

7:30 PM Hope and Serenity AFG **O**
 Sandston Baptist Church
 100 W Williamsburg Rd.
 Sandston, VA 23150
 Back of church entrance

8:00 PM Tuesday Night AFG **++ O**
 St John's Episcopal Church
 12201 Richmond St.
 Chester, VA 23831
 Parking is behind the church.
 From parking lot go in building on left.

Wednesday

10:30 AM Happy Wednesday AFG **C**
 St Paul's Catholic Church
 909 Rennie Ave.
 Richmond, VA 23227
 Parish House.

12:00 PM Grateful Wednesday AFG **O**
 St. Luke Lutheran Church
 7757 Chippenham Pkwy.
 Richmond, VA 23225

5:30 PM Paths to Recovery AFG **O**
 Christ Church Episcopal
 5000 Pouncey Tract Rd.
 Glen Allen, VA 23059
 Meets on second floor in the Education Building

6:45 PM Parents With Hope AFG **O**
 St. Francis Hospital Cancer Center
 14051 St Francis Blvd Ste 1100
 Midlothian, VA 23114
 Cancer center is a separate building from the hospital
 and is located at the end of the main parking.

7:00 PM Wednesday Night Live North Side AFG
 Westminster Canterbury
 1600 Westbrook Ave.
 Richmond, VA 23227 Meets in chapel.

7:00 PM Winterpock Serenity AFG **O**
 Bethia United Methodist Church
 10700 Winterpock Rd.
 Chesterfield, VA 23832
 Upstairs Room 215

8:00 PM Wednesday Night AFG **++ O**
 Ivey Memorial United Methodist Church
 17120 Jefferson Davis Hwy.
 South Chesterfield, VA 23834
 Enter through white double doors on the far right
 of front entrance, take elevator to room 215.